

Provider List - Assisted Living - Cumberland County

Avita of Stroudwater

Contact:

Phones: (207) 857-9007 [Business]*

Last Updated: 12/14/2021 8:58:19AM

Last Reviewed: 12/14/2021

Address: [Business]*

Avita Of Stroudwater
113 Landing Rd
Westbrook, ME 04092 (Cumberland county)

Web Site: www.northbridgecommunities.com/avita-of-stroudwater/

Eligibility: Accepts Mainecare/Medicaid

Notes: Avita of Stroudwater is a 60 unit community that offers assisted living services in private and semi-private apartments for people age 62 and older in need of memory care. Please call for current fee structure and more information about admission procedure. Private pay required for an initial period before Mainecare accepted after 2 years of private pay. Avita also has an adult day program for seniors with memory issues. They require a 3 day minimum and can go up to 5 days a week. Hours are from 9 a.m. to 4 p.m. Call Avita for more information.

Bay Square at Yarmouth

Contact:

Phones: (207) 387-8334 [Business]*

Last Updated: 04/06/2022 3:29:15PM

Last Reviewed: 04/06/2022

Address: [Business]*

27 Forest Falls Drive
Yarmouth, ME 04096 (Cumberland county)

Web Site: <https://www.benchmarkseniorliving.com/our-communities>

Eligibility:

Notes: Bay Square is a licensed Assisted Living Program with studio, 1BR and 2BR apartments. The monthly fee includes rent, utilities (except phone and cable television), use of common areas and a base package of personal care, 3 meals a day, housekeeping, transportation. They also offer social, educational, and cultural activities. Additional services are available for a fee. Bay Square provides enhanced care and 2 person assist if needed.

Bay Square at Yarmouth is also a memory care community designed to fit the needs of residents with Alzheimer's memory loss, or other forms of dementia.

Respite Care is also available.

Please call for a tour or more information at 387-8334.

Provider List - Assisted Living - Cumberland County

Bella Point Bridgton

Contact:

Phones: (207) 647-8821 [Business]

Last Updated: 03/17/2022 2:42:15PM

Last Reviewed: 12/22/2021

Address: [Business]*
186 Portland Road
Bridgton, ME 04009 (Cumberland county)

Web Site: www.dltchealthcare.com/bella-point-bridgton/

Eligibility: Accepts Mainecare/Medicaid

Notes: Formerly Bridgton Health & Residential Care Center.

Bella Point Bridgton has 43 nursing facility beds and a 16 bed Assisted Living wing for Alzheimer and Dementia ca Rehab Services include Physical, Occupational, and Speech Therapy which is provided on either in-patient or out-patient basis. Respite Care is available for stays from 2 to 30 days.

Licensed as Residential Care Facility Level IV and Nursing Facility

The assisted living unit consists of 8 semiprivate rooms, for Alzheimer' s/dementia residents and it is a secure, locked unit. This gives us the extra protection to care for your loved ones who like to wander.

The facility is licensed by the Department of Human Services. We are certified by Medicare and accept payments from private funds, third party insurance, Medicare, and Mainecare (Medicaid). We do require pre-approval from Mainecare before we will accept someone for admission. Our Social Services Department is very knowledgeable in assisting in the Mainecare application process.

Birchwoods at Canco

Contact:

Phones: (207) 560-9498 [Business]*

Last Updated: 05/31/2022 2:03:36PM

Last Reviewed: 02/18/2020

Address: [Business]*
86 Holiday Drive
Portland, ME 04103 (Cumberland county)

Web Site: www.seniorlivinginstyle.com

Eligibility:

Notes: Birchwoods at Canco is a licensed Assisted Living Facility with studio and 1BR apartments. Basic services included are: 3 meals a day, housekeeping & linen service, scheduled transportation to appointments, shopping, and special community outings. Personal Care services, including medication management, can be arranged. Birchwoods also offers 2BR cottages for independent living with a full complement of amenities and services that include housekeeping, chef-prepared meals, a fitness center, and a variety of activities. There is a respite care program for stays ranging from a weekend to a week or a month or as long as needed. Pets are welcome for an additional monthly fee.

Provider List - Assisted Living - Cumberland County

Cape Memory Care

Contact: [Business]*
Last Updated: 03/17/2022 2:48:33PM
Last Reviewed: 12/22/2021

Phones: (207) 553-9616 [Business]*

Address: [Business]*
126 Scott Dyer Road
Cape Elizabeth, ME 04107 (Cumberland county)

Web Site: www.woodlandsmaine.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Cape Memory Care is located in the beautiful and historic town of Cape Elizabeth, this gracious and comfortable environment for living was designed specifically for individuals living with Alzheimer's disease, dementia or other related memory impairments. Features: 72-bed memory care community featuring both private and shared rooms. Private pay or MaineCare accepted; Secured environment for living; Personalized plans of care; Specially trained and carefully selected staff available 24/7.

Casco Inn Residential Care Facility

Contact: [Business]*
Last Updated: 10/02/2023 11:19:31AM
Last Reviewed: 12/15/2021

Phones: (207) 627-6054 [Fax],
(207) 627-7199 [Business]*

Address: [Business]*
434 Roosevelt Trail
Casco, ME 04015 (Cumberland county)

Web Site: www.cascoinn.com

Eligibility: Accepts Mainecare/Medicaid

Notes: The Casco Inn is a Licensed Level IV Residential Care Facility with 39 beds. Services include 3 meals/day, 24 hour medical supervision, personal care, medication administration, housekeeping, laundry, and daily activities. A beautician and a podiatrist visit the Inn regularly. Will provide short-term respite care as rooms are available.

Country Village Assisted Living

Contact: [Business]*
Last Updated: 03/17/2022 2:49:46PM
Last Reviewed: 12/15/2021

Phones: (207) 627-7111 [Business]*,
(207) 627-7505 [Fax]

Address: [Business]*
960 Meadow Road
Route 121
Casco, ME 04015 (Cumberland county)

Web Site: www.countryvillageal.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Country Village Assisted Living is a licensed Level IV PNMI Residential Care Facility with 30 beds. Services include private rooms, 24-hour staffing, medication monitoring, meals cooked to special needs, daily activities, social outings and events, and a styling and beauty salon. The facility is located within walking distance of the town library, post office, Casco Days Park, and has a scenic view of Pleasant Lake. Medicaid beds are available.

Provider List - Assisted Living - Cumberland County

Enclave of Scarborough

Contact:

Phones: (888) 240-7198 [Business]

Last Updated: 05/31/2022 2:04:04PM

Last Reviewed: 12/17/2021

Address: [Business]*
18 Black Point Rd
Scarborough, ME 04074 (Cumberland county)

Web Site: www.bridgeseniorliving.com

Eligibility:

Notes: The Enclave of Scarborough is vibrant senior community offering its residents an incredible lifestyle through personalized programming and a motto of "fun", making this a wonderful place for seniors to call home.

The Enclave of Scarborough offers both assisted living and memory care, with 24/7 staff available to residents including nursing, certified caregivers, and medication management. There is a variety of amenities included: meals, housekeeping, laundry services (both personal and bedding), transportation, and more!

For more information and to set up a visit, please contact Angela Fall, Director of Sales at 207.883.3889. We look forward to welcoming you HOME!

Fallbrook Woods

Contact:

Phones: (207) 878-0788 [Business]*,
(207) 878-7734 [Fax]

Last Updated: 03/17/2022 2:50:33PM

Last Reviewed: 02/24/2020

Address: [Business]
60 Merrymeeting Drive
Portland, ME 04103 (Cumberland county)

Web Site: www.fallbrookwoods.com/

Eligibility: Accepts MaineCare/Medicaid

Notes: Fallbrook Woods is a Level IV PNMI Residential Care Facility with 56 beds. It is secure unit for residents with Alzheimer's Disease and other dementias. Services include nurse on call 24/7, three meals/day, housekeeping, laundry, medication administration, personal care assistance, transportation, and an activities program. Residents are welcome to bring their own furnishings. Respite Care can be arranged on a bed-availability basis in both the ALF and Dementia unit. Private Pay for 2 years then accept MaineCare if eligible.

Provider List - Assisted Living - Cumberland County

First Atlantic: Freeport Place

Contact:

Phones: (207) 865-3500 [Business]*

Last Updated: 03/17/2022 2:51:00PM

Last Reviewed: 02/25/2020

Address: [Business]*
4 Old County Road
Freeport, ME 04032 (Cumberland county)

Web Site: www.freeport-place.com/

Eligibility: Accepts Mainecare/Medicaid

Notes: Freeport Place is an assisted living facility for 30 residents. Accommodations include both private and companion suites. Services include three meals each day, personal care assistance and recreation and social programs as well as transportation for medical appointments, shopping, and activities. Health care is supervised by an RN and medical response personnel are on duty 24/7. Freeport Place is located on the same campus as a skilled nursing facility, Hawthorne House. Please call for more information, to arrange a tour, and/or to apply

First Atlantic: Hawthorne House

Contact:

Phones: (207) 865-4782 [Business]*

Last Updated: 03/17/2022 2:51:14PM

Last Reviewed: 12/17/2021

Address: [Business]*
6 Old County Road
Freeport, ME 04032 (Cumberland county)

Web Site: www.hawthorne-healthcare.com/

Eligibility: Accepts Mainecare/Medicaid

Notes: Hawthorne House is an 81 bed skilled nursing, long-term care, post-acute rehabilitation, memory care and geropsych special care facility and 14 bed locked assisted living memory care. We offer private and semi-private rooms. The facility offers both inpatient and outpatient physical therapy as well as occupational and speech therapy. They can help with nutritional concerns, pain management, post-acute care transitions, stroke care, cardiovascular problems, memory care and clinically complex care involving IV's. Respite care can be arranged if a bed is available. Please contact admissions for more information.

Provider List - Assisted Living - Cumberland County

Foreside Harbor Assisted Living

Contact:

Last Updated: 03/17/2022 2:51:34PM

Last Reviewed: 12/22/2021

Phones: (207) 781-8201 [Business]*,
(207) 781-9060 [Fax]

Address: [Business]*
191 Foreside Road
Falmouth, ME 04105 (Cumberland county)

Web Site: www.foresideharbor.com

Eligibility:

Notes: Foreside Harbor is an assisted living community featuring 28 apartments. Services include 3 meals per day, unlimited snacks and beverages, life enrichment program, weekly housekeeping service, laundry service, transportation to medical appointments, assistance with ADLs, 24/7 CRMA staff onsite, MD and NP onsite with on-call providers available after hours. Situated overlooking Casco Bay, there is an outdoor walking path with gardens. Private Pay. Rates vary depending on the apartment selected. Please call for current rates and availability.

Gorham House Memory Care

Contact:

Last Updated: 03/23/2022 11:10:06AM

Last Reviewed: 12/22/2021

Phones: (207) 839-5757 [Business]*,
(207) 839-8263 [Fax]

Address: [Business]*
50 New Portland Road
Gorham, ME 04038 (Cumberland county)

Web Site: www.gorhamhouse.com/memory-care

Eligibility: Accepts MaineCare/Medicaid

Notes: Oxford Common offers Assisted Living in 8 private and 20 semi-private apartments for people who have Alzheimer's or other related dementia. It is a totally secure unit that is carefully monitored by fully trained licensed staff. Therapeutic activities for the memory impaired are part of the program.
Eligibility: Diagnosis of dementia and in need of a secured unit; must qualify for assisted living.
Please call for more information and current costs; private pay required for an initial period before MaineCare accepted.

Provider List - Assisted Living - Cumberland County

HarborChase of South Portland

Contact:

Phones: (207) 900-1067 [Business]*

Last Updated: 06/03/2022 12:03:32PM

Last Reviewed: 06/03/2022

Address: [Residence]*
25 Country Club Rd
South Portland, ME 04106 (Cumberland county)

Web Site: <https://www.harborchase.com/harborchase-south-portland/>

Eligibility:

Notes: HarborChase of South Portland offers 24/7 assistance with daily activities like bathing, eating and medication management, and mobility and transferring.

The Sound at HarborChase of South Portland offers a safe and stimulating environment for those with mild or temporary memory loss or those who don't yet require the full attention of memory care. While The Sound is a specialized memory care neighborhood intended for individuals with mild dementia, it can also be utilized as a transitional opportunity for those whose cognitive needs may change over time. Should an individual require more attention and care, they have the option of transitioning to their full South Portland memory care program, The Cove.

Inn at Village Square

Contact:

Phones: (207) 839-5101 [Business]*

Last Updated: 03/17/2022 2:52:29PM

Last Reviewed: 12/22/2021

Address: [Business]*
123 School Street
Gorham, ME 04038 (Cumberland county)

Web Site: www.innatvillagesquare.org

Eligibility: Accepts Mainecare/Medicaid

Notes: The Inn at Village Square, managed by Avesta Housing, is an assisted living facility with 36 studio apartments that include a tea kitchen & bath with walk-in shower. There is a dining room, activity room for social functions, comfortably furnished common areas, an on-site salon/barbershop, and outdoor patios and a garden. Services included in the rates are 3 meals daily, medication administration, personal care assistance, housekeeping and laundry, 24-hour staffing with RN supervision, an emergency call system, and transportation for medical appointments. Inn at Village Square is not licensed for dementia care. Short term respite care can be arranged depending upon bed availability. Please call to confirm daily rate, for more information, and/or an application.

Provider List - Assisted Living - Cumberland County

Island Commons Assisted Living

Contact:

Last Updated: 03/25/2022 7:43:15AM

Last Reviewed: 03/25/2022

Phones: (207) 846-5610 [Business]*,
(207) 846-9706 [Business Fax],
(207) 846-4456 [Other]

Address: [Business]*
132 Littlefield Road
Chebeague Island, ME 04017 (Cumberland county)

Web Site: www.islandcommons.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Island Commons provides residential and health care services to up to 6 people. Populations served include the dependent elderly, adults with mental illness or retardation, and adults with Alzheimer' s/dementia.

There is an on-site licensed Adult Day Program that can accommodate two additional adults each day for health monitoring, rest, and personal care services in addition to a group program of meals, therapeutic activities, medication administration, supervision, and companionship. This program is available to any elder on Chebeague who wishes to spend a day with others, share a meal and participate in-group or individual activities or as respite for the family.

Level IV PNMI Residential Care Facility & Adult Day Program

Please call for more information and the admissions process

Maine Veterans Home

Contact:

Last Updated: 03/17/2022 2:53:38PM

Last Reviewed: 12/22/2021

Phones: (207) 883-7184 [Business],
(800) 278-9494 [Toll-Free]*

Address: [Business]*
290 US Route 1
Scarborough, ME 04074 (Cumberland county)

Web Site: www.maineveterans.org

Eligibility: Accepts Mainecare/Medicaid

Notes: The Maine Veterans' Home in Scarborough have 120 beds providing long term care, short term skilled nursing care, memory care, rehabilitation and therapy services. 30 beds for assisted living residential care for those in the early stages of dementia; Respite care; On-site Medical Director and Physician Services; 24-hour RN coverage; Clinical site for educational and training programs. MVH has a team of highly skilled healthcare professionals, trained specifically to care for the physical and emotional needs of Veterans. Offer individualized care plans for each resident integrating nursing care, rehab & therapies, and recreational activities.

Provider List - Assisted Living - Cumberland County

Oceanview at Falmouth

Contact:

Last Updated: 03/17/2022 2:54:20PM

Last Reviewed: 07/11/2018

Phones: (207) 781-4460 [Business]*,
(207) 781-4621 [Business]

Address: [Business]*
20 Blueberry Lane
Falmouth, ME 04105 (Cumberland county)

Web Site: www.oceanviewrc.com

Eligibility:

Notes: The OceanView campus for ages 55+ includes Independent Living options in cottage residences or apartments, a an Assisted Living facility, Falmouth House. Please call for more information and the application process details including current fee structure.

For independent community please call 207-781-4460 to speak with Gloria Walker.

For assisted living or memory care residence, please call Elaine DuMais at 207-781-4621.

One Willow Manor Assisted Living Facility

Contact:

Last Updated: 01/19/2022 2:36:57PM

Last Reviewed: 01/19/2022

Phones: (207) 799-2615 [Business]*

Address: [Business]*
97 School Street
South Portland, ME 04106 (Cumberland county)

Web Site:

Eligibility: Accepts Mainecare/Medicaid

Notes: One Willow Manor is a small, family operated assisted living facility with 6 beds. Services include 24 hour supervision, 3 meals/day, personal care assistance, laundry, housekeeping, and medication dispensing. The facility strives to maintain a home-like atmosphere. They cannot accommodate residents with wheelchairs. Please call for more information, a tour, or an appointment ask for Cindy.

Provider List - Assisted Living - Cumberland County

Piper Shores

Contact:

Last Updated: 03/17/2022 2:54:42PM

Last Reviewed: 12/22/2021

Phones: (207) 883-8700 [Main]*,
(888) 333-8711 [Toll-Free]

Address: [Business]*
15 Piper Road
Scarborough, ME 04074 (Cumberland county)

Web Site: www.pipershores.org

Eligibility:

Notes: Piper Shores is a lifecare retirement community that provides residents with the peace of mind knowing that lifecare combines all the advantages of independent living plus priority access to onsite assisted living and skilled nursing care, if needed. Lifecare at Piper Shores also means that you will always have a predictable monthly payment for assisted living and nursing home care.

Assisted living residences at Holbrook feature private one-bedroom apartments. Personal care, therapy coordination, transportation scheduling, housekeeping and laundry services are all provided.

Holbrook's Wayland House Memory Care offers the secure environment. Our PersonFirst® approach to memory care focuses attention on the individual needs, personality, and desires of each of our residents.

Holbrook Skilled Nursing offers private rooms for short-term rehabilitation, respite care and long-term nursing care. All rooms are presently available on a first come, first served basis, with Piper Shores residents receiving first priority. Dually certified by the State of Maine, Holbrook welcomes both private pay and Medicare patients, accept direct admissions, and offers competitive rates.

Please call for more information about Piper Shores, current availability and fee structure.

Portland Center for Assisted Living

Contact:

Last Updated: 03/17/2022 2:55:04PM

Last Reviewed: 03/14/2022

Phones: (207) 772-3230 [Fax],
(207) 772-2893 [Business]*

Address: [Business]*
68 Devonshire Street
Portland, ME 04103 (Cumberland county)

Web Site: www.pcalmaine.com

Eligibility: Accepts MaineCare/Medicaid

Notes: Located in the heart of Maine's largest city, Portland Center for Assisted Living provides accommodations for 170 Residents, including 28 secure living spaces for those who are memory impaired. Devonshire Place at PCAL recognizes the unique needs of individuals with memory loss. We believe in the dignity of those we serve by recognizing their physical, emotional and spiritual needs. We strive to assist every individual to achieve their high level of well being with a tailored atmosphere allowing them to flourish.

The rooms are fully furnished, but residents are welcome to bring personal belongings. Services included in the rates are housekeeping, laundry services, medication administration, 3 meals/day, snacks available anytime, limited assistance with bathing and dressing, and transportation to medical appointments and recreational activities. Please call for an informational packet and/or a tour of the facility.

Provider List - Assisted Living - Cumberland County

Prince Point

Contact:

Phones: (207) 781-4714 [Business]*

Last Updated: 12/01/2023 3:50:31PM

Last Reviewed: 11/09/2023

Address: [Residence]*
191 Foreside Rd
Falmouth, ME 04105 (Cumberland county)

Web Site: www.dltchealthcare.com/princepoint/

Eligibility:

Notes: Prince Point is an 84 bed residential care facility in Falmouth, Maine. Prince Point is located just minutes from downtown Falmouth, Portland and surrounding suburbs, and situated directly on the shores of Casco Bay for the ideal coastal experience! Local attractions in Falmouth include the local harbor and town landing, indoor and outdoor ice skating facilities, shopping, many parks and recreational facilities, golf courses, and a medical center.

Scarborough Terrace

Contact:

Phones: (207) 503-5011 [Business]*

Last Updated: 03/17/2022 2:43:06PM

Last Reviewed: 03/14/2022

Address: [Business]*
600 Commerce Drive
Scarborough, ME 04074 (Cumberland county)

Web Site: www.scarboroughterrace.com

Eligibility:

Notes: Our Scarborough, Maine, senior living community offers a range of living options to provide as much or as little assistance as you need. Choose from Assisted Living, Memory Care, and Respite Care, to get the right level of support from our caring, expert team. We are committed to serving our residents in a way that provides comfort and fulfillment.

Scarborough Terrace offers studio, 1BR and 2BR suites and offers residents a full complement of supportive services and amenities including social, cultural, and educational activities. Services include 3 meals/day, transportation for medical appointments, laundry, housekeeping and emergency response systems.

There is a 24/7 staff of nursing assistants, coordinated by a registered nurse, to help with personal care and medication management. Respite care is available (reservations are accepted) for seniors when their families are away or they need a break from their routine. Scarborough Terrace also provides accommodations on a short-term basis for seniors requiring recovery time from a fall, surgery or an illness. Please call to arrange a tour, interview for admission, and/or to discuss respite suite availability.

Provider List - Assisted Living - Cumberland County

Scarborough Terrace Memory Program

Contact:

Phones: (207) 503-5011 [Business]*

Last Updated: 03/17/2022 2:43:22PM

Last Reviewed: 03/14/2022

Address: [Business]*
600 Commerce Drive
Scarborough, ME 04074 (Cumberland county)

Web Site: www.scarboroughterrace.com/

Eligibility: Other - See Notes

Notes: The Rose Garden—with its cozy, light-filled and intimate setting—is home to our specialized memory care program available to residents with Alzheimer's, dementia, and other forms of memory loss. Every resident is cared for by our compassionate, skilled team of professionals with many years of knowledge and experience. Our memory care program is much smaller than others in the area, so our residents receive very personalized attention and enjoy home-like intimacy.

The Rose Garden provides a gracious, dignified, and secure residential environment which nurtures and cares for residents with memory loss. Life quality enhancements include a secure courtyard, individualized programs to stimulate previous interests; and wellness and exercise programs to maintain physical abilities. Please call for more information about admission and/or a tour.

Seventy Five State Street

Contact:

Phones: (207) 618-8775 [Business Fax],
(207) 775-7775 x 2224 [Business]*

Last Updated: 03/17/2022 2:55:32PM

Last Reviewed: 03/14/2022

Address: [Business]*
75 State Street
Portland, ME 04101 (Cumberland county)

Web Site: www.75statestreet.org

Eligibility: Accepts Mainecare/Medicaid

Notes: 75 State Street is a nonprofit senior community offering a continuum of care that includes Independent Living and Assisted Living. We provide a wide variety of amenities and services tailored for residents living independently and residents needing additional assistance. Seniors can age in place gracefully at 75 State Street, enjoying everything beautiful Portland has to offer and the very best medical care, when needed.

Provider List - Assisted Living - Cumberland County

Stroudwater Lodge

Contact:

Last Updated: 03/17/2022 2:55:49PM

Last Reviewed: 03/14/2022

Phones: (207) 854-8333 [Business]*

Address: [Business]*
116 Landing Road
Westbrook, ME 04092 (Cumberland county)

Web Site: www.northbridgecommunities.com/stroudwater-lodge

Eligibility:

Notes: Specializing in Independent and Assisted Living, Stroudwater Lodge provides an exceptional lifestyle experience – one where you will find secure, supportive services and the social atmosphere you need and want without giving up the traditions and independence you cherish.

The Cedars

Contact:

Last Updated: 10/19/2023 10:06:37AM

Last Reviewed: 03/14/2022

Phones: (207) 221-7000 [Main]*,
(207) 772-6038 [Fax],
(207) 772-5456 [Business]

Address: [Business]*
620 - 640 Ocean Avenue
Portland, ME 04103 (Cumberland county)

Web Site: www.thecedarsportland.org

Eligibility: Accepts Mainecare/Medicaid

Notes: The Cedars offers independent living, assisted living, Memory Care, rehabilitation and Nursing/skilled care options
***Long Term Care Mainecare is ONLY accepted at the Nursing/skilled care level.

The Atrium is the 61 unit independent living community. Housekeeping, linen service, maintenance, choice of meal plan, and optional social, and recreational programs are included in the monthly fee. Pets, including indoor cats and small dogs, are allowed with permission. **Private pay, please call FMI and for current fee structure - independent living requires an entrance fee.

Assisted living at The Osher offers the privacy of your own apartment while providing personal support when you need it. Our staff will help you with activities like bathing, dressing and taking your medications – all under the supervision of a registered nurse. With three nutritious meals daily, a calendar of programs and events, housekeeping and laundry services. **Assisted Living is private pay, please call FMI and for current fee structure.

On-site nursing is available at the Rehabilitation Center and the Skilled Care Center at the Cedars. Mainecare is accepted in the Skilled Care Center.

The Sam L. Cohen Households at The Cedars, offering Memory Care Assisted Living and Long-term, Skilled Nursing Care are like nothing Maine's older adults have seen before. Welcoming private rooms and baths. Cozy and comfortable common spaces. Innovative programs and therapies. **Private pay, please call FMI and for current fee structure.

Cedars also offers fine dining take-out Kosher meals. Meal items available correspond with the menu items available to Cedars' Nursing Home residents. Please call dietary department 772-5456 to order meal(s) 2 days in advance, FMI, and to confirm costs. Meals are picked up at the reception desk and are paid for when picked up.

Provider List - Assisted Living - Cumberland County

The Heron House

Contact:

Phones: (207) 781-2408 [Business]*

Last Updated: 03/17/2022 2:56:40PM

Last Reviewed: 12/22/2021

Address: [Business]*
92 US Route 1
Cumberland Foreside, ME 04110 (Cumberland county)

Web Site: www.heronhousemaine.com

Eligibility:

Notes: The Heron House has 23 private rooms, each with its own 1/2 bath; the facility is all on a single level. Services provided include 24-hour supervision, personal care, three meals/day, medication administration, housekeeping/laundry, a daily activities program, and transportation to appointments and social outings. Respite care can be arranged if there are vacant beds. Please call for more information about admission, including respite care; may tour the facility any at time.

The Landing at Cape Elizabeth

Contact:

Phones: (207) 799-7332 [Business]*,
(207) 799-7334 [Business Fax]

Last Updated: 03/17/2022 2:44:08PM

Last Reviewed: 03/14/2022

Address: [Business]*
78 Scott Dyer Road
Cape Elizabeth, ME 04107 (Cumberland county)

Web Site: www.thelandingsmaine.com

Eligibility:

Notes: The Landing is an assisted living facility. There are 58 apartments, including studio, 1BR and 2BR units. Each unit is equipped with a 24-hour emergency call and response system. The monthly rental fee includes three meals daily, weekly housekeeping and laundry service, up to 45 minutes/day of personal care assistance, transportation for medical appointments, church and scheduled shopping. There is a broad range of daily activities including exercise and cultural presentations. Short-term respite is available for a minimum period of 1 to 2 weeks. In most circumstances, respite care can be arranged by advanced reservation. Please call for more information about the admission process which includes an interview, tour, and a wellness assessment.

We are proud to now offer Independent Living in response to the recent demand for that option. Come live your best life here, and you won't have to move if you need assisted services in the future. The best of both worlds! Services: three Delicious Meals in our Marshview Dining Room; Social Engagement Programming 7 Days a Week; Housekeeping and Linen Services; Scheduled Transportation; Short-Stay Respite Program; Features Private Studio, One, and Two-Bedroom Apartments; Sun-Filled Common Areas Throughout the Building; Comfortable Outdoor Spaces Such as Courtyards and Patios; The Salty Dog Pub; The Landing Place Gardens; Exceptional Engagement Program.

Provider List - Assisted Living - Cumberland County

The Mooring at the Downs

Contact:

Last Updated: 06/03/2022 12:01:22PM

Last Reviewed: 06/03/2022

Phones: (207) 303-8754 [Business]*

Address: [Residence]*
7 Mill Commons Dr
Scarborough, ME 04074 (Cumberland county)

Web Site: <https://themooringatthedowns.com/>

Eligibility:

Notes: Situated in one of Scarborough's newest neighborhoods, The Mooring at The Downs is at the heart of everything Southern Maine has to offer. Designed to serve the specific needs of individuals living with dementia, Alzheimer's Disease and other forms of progressive memory loss. At The Mooring, housemates experience customized, reside-centric care in a home-like setting – with programming that leverages cognitive strengths, preserves autonomy and respects individuality.

The Mooring on Foreside

Contact:

Last Updated: 06/03/2022 12:02:39PM

Last Reviewed: 06/03/2022

Phones: (207) 489-9614 [Business]*

Address: [Residence]*
301 Route One
Cumberland Foreside, ME 04110 (Cumberland county)

Web Site: <https://themooringonforeside.com/>

Eligibility:

Notes: The Mooring on Foreside was designed to serve the specific needs of individuals with dementia, Alzheimer's Disease and other forms of progressive memory loss. The Mooring was developed to reflect the best practices in memory care-focused assisted living, providing a familiar, homelike setting that respects individuality, preserves dignity, minimizes transitional anxiety and transcends the paradigm of a traditional nursing home.

Provider List - Assisted Living - Cumberland County

The Park Danforth: Clark's Terrace

Contact:

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Address: [Business]*
777 Stevens Avenue
Portland, ME 04103 (Cumberland county)

Web Site: www.parkdanforth.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Clark's Terrace is an assisted living program with 36 standard and deluxe studio suites, each featuring a kitchenette, private bath, and emergency call system. The standard service package includes: three meals/day, social activity program, service coordination, housekeeping, 24/7 personal care staff, transportation to grocer and medical appointments, nutritional counseling, medication supervision and administration, personal care services, nursing supervision of health issues, personal laundry service. There are daily activities scheduled such as Bingo, bowling, shopping and entertainment trips. Please call or visit the website for current rates, more information, to arrange a tour, and for an application.

Note: Currently there is a short waiting list for private pay applicants. For those applying under the MaineCare long term care program, there is a waiting list of approximately three or more years.